

What to Weed?



- Weeds that need removing are all the herbs (non-woody plants) that are growing within and at the edge of the Tiny Forest.
- They deprive young Tiny Forest of key nutrients they need to succeed. The larger the weed, more nutrients they extract from the soil!
- Small (5 cm tall) flowering herbs and grass support the Tiny Forest though, as they maintain the soil moisture and attract wildlife :)

Mindful Weeding



- Our programme manager, Emily swears by it that weeding was the most mindful experience she had, getting involved with the soil and ground, care-taking. ‘I couldn’t stop myself’ she said.
- Children also love weeding because it's destructive and they're allowed to do it!
- Join us (and feel free to invite friends and neighbours) for some mindful-weeding in your Tiny Forest.

Tips from Tree Keepers



- Our Tree Keeper Lucyna says she uses steel hand forks to remove weeds and gardening gloves to protect hands. Her top tips: weeding after rain is much easier, don't leave roots, bring along snacks and drinks
- Grace says when tackling nettle, thistle, and other spiky weeds, wear clothes that cover your entire arm, legs and use thick gardening gloves. If its too hard to pull by root, use loppers to cut off the really big ones.

Overwhelmed by weeds?

Advice from scientist Maca, who has done weeding in a forest overgrown with barley (older forest with straw mulching)



- Yes, it can look overwhelming. So, do not remove the grass, but try to remove wheat and barley plants and fruits that take loads of nutrients from the soil.
- Go around the Tiny Forest looking for the saplings and start removing those plants that look like wheat and barley or other big weeds that are immediately around the saplings.

Overwhelmed by weeds?

Advice from scientist Maca, who has done weeding in a forest overgrown with barley (older forest with straw mulching) cont.



- I'd ask you to consider how long you want to be at the Tiny Forest, so you can envision where and what you want to achieve.
- I worked clearing such a Tiny Forest and took 4 people ~3 hours.
- ah, and bring gardening gloves.
- You can put the weeds you removed at the edge of the forest or take home for compost. I hope this helps.

Spotting weeds

Most of the "brown" plants here are weeds



Spotting weeds

Most of the "brown" plants here are weeds



Spotting weeds



Big tomato plant!- weed



Weed



Weeds! (this one grew quite a bit)

Spotting weeds

Weeds! These are lovely herbs but when there are so many and so large, they do take quite a bit of the nutrients our trees need.



Weeding in action



Hope this helps.

**Wishing you
mindful weeding
in your Tiny Forest!**

